

## WHAT ARE THE MAIN FACTORS THAT INFLUENCE THE SOCIAL AND EMOTIONAL WELL-BEING OF EARLY-ADOLESCENTS?

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### *Abstract*

*This paper is primarily interested in examining the main factors that influence the social and emotional well-being of early-adolescents. Today, the early-adolescents live in a society that has become increasingly complex and in which roles are becoming less defined. Facing the dilemma of an indeterminate status, family, friends and school accompany early-adolescents during this difficult period, and the material (economic) background of the family has the power to influence their social-emotional development. While the family has a special position, friends create a social context that either promotes the stabilization of identity and helps socialize young people to take on the roles of adults, or it is an arena for frivolous and delinquent activity, with interaction patterns that may undermine autonomy and self-esteem. Admitting that there are many factors that may influence the social and emotional well-being of early-adolescents, in the following lines we will deal with generally recognized factors, which we estimate that may have the greatest impact.*

*Keywords: family; school; group of friends; material (economic) background; social-emotional well-being; early-adolescents.*

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