

## **EARLY PARENTING – STRATEGIES, METHODS AND EXPERIENTIAL WORKING TECHNIQUES**

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### *Abstract*

*A productive parent-child relationship builds before the child is born. The psychological characteristics of the fetus' and baby's development, the issue of attachment, the emotional and cognitive stimulation, handling the marital relationship and the parental one, handling the relationship with the extended family are basic psychological elements which each adult should know from an early time, to contribute in a responsible and benefic way to the great and healthy development of the child. Building certain practices of communication, marital authentic interaction, parental and parental-filial ones and of certain skills to play and stimulating challenging for a great development between parent and child are fundamental objectives for the educational psychologist preoccupied with providing services of early parenting. I invite you to find together a series of strategies, methods and experiential techniques to inform and train parents in the early development period of their children.*

*Keywords: parenting; fetus; baby; methods; techniques; strategies; experientialism*

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