

PREVENTION OF SUICIDE AND ATTEMPTED SUICIDE IN SCHOOLS

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Abstract

Suicidal behavior has extremely complex causes: psychological, biological, cultural, customary, seasonal, ontogenetic etc. Attempted suicide is considered a major risk factor for suicide. The aim of our research was to compare attempted suicide and suicide in Bihor County in 2012 from several points of view in teenagers. We collected data on suicide in Bihor County in 2012, as well as all cases of attempted suicide that arrived at the ER of the County Emergency Hospital or the Psychiatric ER from the same geographical area and timeframe. Comparing attempted suicide rates in the 15-19 age group (63.36) with suicide rates in the same age group (6.3), we get a ratio of 10.5, placing this result within the range estimated by the World Health Organization (WHO) regarding this ratio (10-20 times). Attempted suicide cases in youths were predominantly women, from a rural environment, trying to commit suicide by psychotropic overdose. Parasuicidal phenomenon can be considered a stage in the suicidal career, at least for some suicide cases. Suicidal career starts in school, therefore, the maximum efficiency in stopping this career is at this adolescent age.

Keywords: youths; suicide prophylaxis in schools; suicidal behavior; suicidal career

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