

CREATIVITY AND COPING STRATEGIES IN HIGH SCHOOL STUDENTS

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Abstract

Although creativity is a highly valued concept in the educational environment, little is known about its relationship with the coping mechanisms. This study presents the results of a correlational analysis that included 120 students assessed with the Barron-Welsh Art Scale (BWAS) and the Strategic Approach of Coping Scale (SACS). Hopefully, the findings will help school counselors to develop new ways of improving the students' behavioral and social coping strategies, by using artistic individual or group activities.

Keywords: creativity; coping strategies; school counseling

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