

**ON CAREER INDECISION: TESTING THE RELATIONSHIP
BETWEEN IRRATIONAL THINKING, SELF-ESTEEM,
TRAIT ANXIETY AND CAREER DECISION-MAKING
SELF-EFFICACY**

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Abstract

Entering a less discovered area of research in Romania, we studied the relationship between career indecision and four of its correlates: irrational thinking, self-esteem, trait anxiety and career decision-making self-efficacy. We developed and tested through path analysis a model that has proven to fit the data. Finally, we discussed the theoretical and practical implications and also, the limits of our research.

Keywords: career decision-making difficulties; irrational thinking; self-esteem; trait anxiety; career decision-making self-efficacy

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