

**EXPERIENTIAL PROCESS TO DEVELOP SOCIAL-EMOTIONAL  
SKILLS WITH CHILDREN IN MANAGING PARENTS'  
EMOTIONAL ISSUES AFTER SEPARATION/DIVORCE**

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*Abstract*

*Separation or divorce is difficult to manage even by those who initiated it. The decision of separation/divorce is often made unilaterally or as a result of the fact that, rationally, that is better for everybody involved. The management of the emotional break between the two adults often takes a lot of time and the effects on the emotional, cognitive and behavioral development of the child are negative. So, the child commonly becomes a reason of dispute and psychological pay-backs between the two parents who are not aware of how traumatic such situations could be for their child. Educational psychologist's intervention by experiential counseling techniques is designed to help the adults to complete their emotional issues and the child to manage/cope with such tense situations between parents in a favorable way for his growth.*

*Keywords: children after separation/divorce; social-emotional skills; psychological experiential process; trauma prevention*

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