

**WHAT MAKES AN EDUCATIONAL THERAPY EFFECTIVE?  
AN INTRODUCTION TO NILD EDUCATIONAL THERAPY™**

**CE DETERMINĂ EFICIENȚA UNEI TERAPII EDUCAȚIONALE?  
INTRODUCERE ÎN TERAPIA EDUCAȚIONALĂ NILD™**

“Education in our times must try to find whatever there is in students that might yearn for completion, and to reconstruct the learning that would enable them autonomously to seek that completion.”

Allan Bloom, 1987, *The Closing of the American Mind*

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*Abstract*

*NILD Educational Therapy™ covers all the three phases of learning / information processing. In the input phase, intervention stimulates students' perception and attention. A technique may be perceptual or academic on the concrete level, in the elaboration phase students experience abstraction through the mediator's interactive questioning. Through developing expressive verbal skills (verbalization of the thinking is encouraged from the beginning) and developing handwriting skills, the student will be able to express their problem-solving orally or in writing. The NILD model of interaction proved to be effective in elementary and secondary (high school) education as well. The NILD model has been introduced in every continent, in many countries. The techniques have been adapted into Spanish, German and Hungarian languages.*

*Key words: NILD educational therapy, NILD techniques, perceptual and cognitive functions*

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