

**PERCEPȚIA SUPTULUI SOCIAL DIN PARTEA
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**THE PERCEPTION OF SOCIAL SUPPORT FROM SIGNIFICANT
OTHERS, ACADEMIC SUCCESS, AND PSYCHOLOGICAL AND
SOCIAL WELL BEING IN THE UNIVERSITY ENVIRONMENT**

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Abstract

This research aims to examine the relationship between perceived social support from significant others, academic performances, and psychological and social well being of university students related to their learning experience. The theoretical basis for the study is the eudaimonic perspective on well-being and the conceptualization realized by Ryff & Keyes (1995) regarding psychological well-being and Keyes (1998) regarding social well-being. The sample of this study consisted of 600 university students, 300 in the first year and 300 in the third year of their university studies. Data were collected using The University Student Psychosocial Well Being Inventory (that assesses the PSWB construct in terms of subjective, emotional, psychological and social well-being) and the Multidimensional Scale of Perceived Social Support/MSPSS (Zimet, Dahlem, Zimet & Farley, 1988). The academic performance was measured using the grades obtained by the students at exams. The main assumption of the study was that the academic performances were related to a specific pattern of PSWB and of Perceived Social Support (from family, friends and especially from the significant other). The main results of the research showed that: 1. statistically significant differences in the PSWB exist between the students with higher academic performances and the students with lower academic performances and between first year students and third year students; 2. there are statistically significant differences regarding the relationship between the PSWB and perceived social support from significant others according to learning experience and to academic performances. We appreciate that our results may lead to a university student well-being profile that could highlight the areas in which we can make improvements in order to promote the well-being in the academic environment.

Key words: psychological well being, social well being, perceived social support, academic performances, learning experience

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