

RATIONAL-EMOTIVE EDUCATION

EDUCAȚIA RAȚIONAL-EMOTIVĂ

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Abstract

The article emphasizes the importance of Rational-emotive education and it argues why this type of education stands on the basic principles and concepts of REBT. The utility of RER activities in a prevention centered curriculum is also stressed, being useful for children from different age groups, ethnics and intellectual development. The key concepts of REE are described, and also some strategies for school implementation and lesson format.

Keywords: rational-emotive education, implementation of REE, curriculum adaptation, REE activity format

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